

# 24 Hours French Championships

Races open to French and Foreign runners



**2 FFA approved competitions**

**24 Hours and 100 Km**

**27<sup>th</sup> & 28<sup>th</sup> May 2023**



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## Clause 1 – ORGANISATION

**ALBI24H** – FFA Member N° 081060

**Event venue: *Stadium Municipal d'ALBI***  
**283 Avenue du Colonel Teyssier 81000 ALBI**

**Access:** Plane: Toulouse Blagnac Airport  
Train: Toulouse Matabiau train station then TER train to Albi  
Road: From Toulouse by the A68 motorway or from Rodez by the N88 main road

## 24 Hours French Championships

- Individual running event limited to 180 participants (Championships), 40 (OPEN) with an additional reserve of 20 competitors.
- Championships open to male and female athletes, licensed FFA competitors in the categories: Juniors, Seniors and Masters.

The Open race is open to holders of another licence compatible with the federal regulations, as well as to non-licensed runners on presentation of a valid medical certificate.

**Age categories: Juniors (2001-2003), Seniors (1989-2000), Masters (1988 and earlier)**

A single start will be given on:

**Saturday 27th May - 10 A.M. on the Albi Stadium Track.**

Foreign participants are required to provide a medical certificate authorising athletics or competitive running races, even if they hold a competition licence issued by a federation affiliated to World Athletics IAAF). This certificate must be written in French, dated, signed and authenticating a doctor, whether or not the doctor is established on the national territory. If it is not written in French, a translation into French must be provided.

For safety reasons we cannot accept athletes in the 'wheelchair disabled' category.

### **Welcome:**

Opening hours of the welcome desk within the Albi Municipal Stadium

- Friday 26<sup>th</sup> May: 2 P.M. to 8 P.M.
- Saturday 27<sup>th</sup> May: 7 A.M. to 8.30 A.M.



# **Programme**

## **Friday 26<sup>th</sup> May**

2 p.m. to 8 p.m: Collection of race number (bibs)

7 p.m.: Pasta Party for the athletes their accompanying persons **(on reservation)**

## **Saturday 27<sup>th</sup> May**

7 a.m.: Breakfast **(on reservation)**

7 a.m.: Collection of race number (bibs)

9.30 a.m.: Runner's briefing

10 a.m.: Race start

## **Sunday 28<sup>th</sup> May**

7 a.m.: Breakfast for accompanying persons **(on reservation)**

10 a.m.: End of race

11.30 a.m.: Awards ceremony followed reception and the **closing buffet**  
**(only on reservation before Sunday 14<sup>th</sup> May)**

## **Clause 2 - TITLES AWARDED AND TERMS AND CONDITIONS**

### **French Championships - Titles:**

The titles will be awarded by the F.F.A. to the winners of each category.

(Medals to the first 3 of each category)

- Men's French Champion (all categories included)
- Women's French Champion (all categories included)
- Men's French Champion M1 - M2 - M3 - M4 and above
- Women's French Champion - M1 - M2 - M3 - M4 and above
- French Champions for mixed team with at least **1 man and 1 woman**.

The first three mixed teams (addition of the first three licenced athletes from the same club)

Note: There is no title awarded for male and female juniors' category.

### **Occitania Championships - Titles:**

The league will award the titles to the winners of all categories, men and women.

(Medals to the first three men and first three women).

Note: There is no title awarded for the men and women juniors' category.

## **Terms and Conditions:**

**To be ranked** at the Championships (France and Occitania), all athletes must meet the following conditions:

- Hold an FFA **competition** licence for the **2022-2023** season.
- Complete a minimum distance of 120 km for men and 100 km for women.
- Be of French nationality.
- Participants in the Championships must **wear their Club jersey (mandatory)**, at least during the first hour and the last hour of the race. Failure to comply with this rule will result in the participant being downgraded.

Foreign athletes will be classified in the Open category, regulated by the general regulations of the F.F.A. and must provide a medical certificate (model on the site).

## **Open Race - Titles:**

The organisers will award the first three women and first three men (all categories included).

## **Clause 3 - REGISTRATIONS - FEES**

### **Races open to French and Foreign runners**

Athletes with an **Athlé Compétitions licence will be given priority** for entry to this event.

The Open Race is open to non-licensed athletes on presentation of a medical certificate dated less than one year before the date of the event and bearing the mention 'authorises athletics or running in competition' as well as to holders of another licence compatible with the Federal regulations.

**24 Hours event:**      **60 € for F.F.A. competition licence holders.**

**65 € for the 'Open' race participants.**

**100 Km race:**      **50 € for F.F.A. competition licence holders.**

**55 € for 'Open' race participants.**

Accompanying persons and other persons can book and pay, to the organisation **before midnight on Sunday 14<sup>th</sup> May** for the:

- the Pasta-Party on Friday evening,
- the meals on Saturday,
- the breakfasts,
- and especially the closing meal Sunday lunchtime.

**Registrations are to be made directly with the organiser**

**Registration deadline Sunday 14<sup>th</sup> May midnight**

**No dispensation possible after this date**

### **Pre-registration:**

- **online** on the website: [www.albi24h.fr](http://www.albi24h.fr) or [klikego.com](http://klikego.com)
- **by post:**

**Mr THIRIOT Didier - 44 rue Eugène Delacroix - 81160 - St JUERY**

E-mail: [didier.thiriot2@orange.fr](mailto:didier.thiriot2@orange.fr) Tel: +33 (0)7.87.78.77.23

***Registration form signed, payment made, copy of licence or valid medical certificate dated less than one year. Postmark as proof.***

For safety reasons, wheelchair athletes cannot be accepted.

***ONLY FULLY COMPLETED applications will be validated.***

**Attention:** In the case of non-participation in the event, your registration will be reimbursed upon presentation of a document justifying a case of force majeure which must be sent no later than 20<sup>th</sup> May 2023 (postmark as proof) to the address to which the registration form was sent. Cheques will be cashed 7 days before the event, i.e., on 20<sup>th</sup> May 2023.

### **Clause 4 – PROCEEDINGS FOR THE EVENT**

**Start:** Will be given on Saturday 27<sup>th</sup> May at 10 a.m. on the track of the stadium.

**Finish:** the event will end on Sunday 28<sup>th</sup> May at 10 a.m.

#### **Measurement of the course:**

The day before or the morning of the event, the course will be measured by the referees after the barriers or other technical means have been set up.

The organisation will install markers every 100 metres.

The finish will be judged by the timekeepers and the IT company at the control post.

The starter will fire a gun 1 minute before the end of the 24 hours.

***'A second gunshot will indicate the end of the event'***

20 minutes before the end of the event, the organisation will hand a numbered witness stick (corresponding to the number of the bib) to each competitor who will place it on the ground together with his bib, as soon as the second gunshot marks the end of the race.

During the last 5 minutes, the first of each gender will be taken in charge by a race official and accompanied until the end of the race. (These race officials shall follow the athletes).

In the last quarter of an hour, the organisation will set up a jury to be positioned every 100 metres and who will ensure the placing and securing of the witness sticks until the official judges pass; these judges will measure the exact distance covered after the last crossing of the line.

Athletes who stop before the end of the 24 hours **must return their bib and chip to the organisation.**

They will be ranked with a full number of laps (last check).

### **Course:**

- **Circuit:**  
Approximately 1500m circuit, identical to that of the 2019 World Championships, located in the Albi Stadium.
- **Profile and surface:**  
Totally flat and fully lit circuit, men's and women's toilets adjacent to the course, rest and treatment rooms in the municipal premises for the comfort of the athletes. The surface consists of 1100 metres of tarmac and 400 metres of tartan track.
- **Accompanying persons:**  
Followers on foot or on bike are strictly forbidden on the circuit and in the refreshment zone during the entire event. Event officials will be in charge of checking. Traffic on the course is forbidden; only safety and organisation vehicles will have access to the course.

### **Refreshments:**

- **Organisation:**  
Refreshments will be adapted to the event and provided throughout the race by the organisation.  
From the start, sweet, savoury, liquid, hot and cold products will be made available. Athletes and accompanying persons must comply with the instructions set up by the organisation and in accordance to the health protocols imposed by the Prefecture at the time of the competition.
- **Personal refreshments:**  
Each runner, licensed or 'Open', will be provided a space under a tent, with a table and a chair.

In order to respect the F.F.A. specifications, each participant will be given **1 accompanying person badge** for access to the refreshment zone.

No other electrical appliance (except computer, telephone and charger) must be connected to the power supplies provided in the tents.

A microwave and a large kettle will be available in one tent.

No refreshments may be given to the runners outside of the defined areas.

**Access to the track will be reserved for accompanying persons with a badge.**

**Street shoes are strictly forbidden on the track**

**Timing:**

- **Ranking system:**

It will be done by electronic chip attached to the shoe laces in a horizontal position so that the detection is effective.

The passage on the carpet in the detection zone will trigger the counting of the lap.

- **Bib numbers:**

The organisation will provide 2 sets of bib numbers per athlete.

One bib must be placed on the chest and the other on the back.

These bib numbers must be visible at all times and in their entirety. The names of the sponsors must not be hidden, on penalty of disqualification.

The second set of bib numbers is for a spare outfit.

- **Official ranking:**

At each passage, the competitor will be able to see on a control screen the number of laps, the number of kilometre and the ranking.

The computerised scores will be checked every hour by the referees and the results will then be displayed on panels located in proximity to the circuit.

The various documents relating to the event will be displayed by the organisation on notice boards installed in proximity to the course and accessible to all.

- **Complaints:**

During the event, the athlete may lodge a complaint with the referees.

At the end of the event, the athlete may also lodge a complaint with the referees in the 30 minutes following the posting of the validated results.

A Jury of Appeal will be set up to examine and rule on any possible dispute.

## **Clause 5 - SPECIFIC PROVISIONS FOR THE 100 KM EVENT**

**Start:** Saturday 27<sup>th</sup> May – 10 a.m. on the stadium track, at the same time as the 24 Hours race.

**The allowed time limit is 15 hours.**



- ✓ **The number of athletes in the 100 km race is limited to 50.**

The event will take place at the same time and in the same configuration as the 24 Hours event on a circuit totally flat and lit of approximately 1.5 km within the grounds of the stadium.

- ✓ **The competition will end when the 100 km specific mat is crossed with a maximum allowed time of 15 hours.**
- ✓ Your 100 km time will be recorded and made official.
- ✓ Your time of passage, your ranking, your time per lap and other information will be permanently displayed on a screen.
- ✓ Stands under tents with tables, chairs and Wi-Fi will be available allowing your helpers to provide you with refreshments and assistance.
- ✓ A specific 100 km bib number must be worn on the front of the jersey.
- ✓ Athletes may take refreshments every lap in their allocated personal refreshment zone or at the 'common refreshment zone' as with the 24 hours race.
- ✓ No helpers will be allowed on the circuit, neither on bike or on foot.

## **Clause 6 – MEALS AND ACCOMMODATION**

Pasta party: Friday 26<sup>th</sup> May from 7 p.m. onwards on site (to be booked at registration)

**Meals for accompanying persons: all meals must be booked on the runner's registration form.**

Sunday lunchtime 28<sup>th</sup> May: reception and closing lunch will follow the awards ceremony from 11.30 am. **(your presence to be confirmed on the registration form).**

All meals and breakfasts for athletes or accompanying persons must be booked and paid for **before Sunday 14<sup>th</sup> May.**

Refreshment stands on site: Pancakes, sausages, sandwiches, chips, hot and cold drinks.

- **Accommodation:**  
Resting room in the gymnasium adjacent to the circuit for Friday and Saturday nights, accessible from Friday 5 p.m.
- **Hotels:**  
Preferential rates are available at the Ibis Style, Ibis 'Rouge' and Ibis Budget Hotels.

**Please register as a participant in the race to benefit from the special rates.**

Make your reservations in advance because the period of May (Pentecost weekend) is a strong tourist period for Albi, a city classified as a World Heritage Site by UNESCO.

- **Camper vans:**

**ATTENTION !!!**

**Limited to 40 camper vans in the stadium area -Parking P3**

**Beyond 40, camper vans will be directed to the specific Milliassole car park, a 6 minutes' walk from the stadium.**

## **Clause 7 - GENERAL CONDITIONS**

- **Insurance:**

Through a brokerage or insurance company (a i a c), the F.F.A., has taken out a 'civil liability' insurance policy with the safeguard, under the N° 4121633J for the organisers and volunteers.

The licence holders benefit from the guarantees granted by the insurance linked to the licence, and it is the responsibility of the other participants to take out their own personal insurance.

By entering the race, each athlete declares to be personally insured and releases the organisers from liability for any physiological accident occurring during or resulting from the events.

- **Right of Image:**

The organisation reserves the right to use the photographic images and video reports made during the event in order to promote 'Albi24H'. By registering you waive your 'right to image'.

- **CNIL:**

In accordance with the 'French Data Protection Act' of 6<sup>th</sup> January 1978, you have the right to access and rectify any personal data that concerns you.

- **Complaints:**

In case of sports disputes, only the referees are empowered to take a decision.

- **Security, assistance, liability:**

In the event of force majeure, natural disaster or any other circumstance endangering the safety of competitors, the organisers reserve the right to cancel the event without competitors being entitled to claim any reimbursement.

The organisers decline all responsibility in the event of failure due to poor health or in the event of theft or damage.

- **Acceptance of the Rules and Regulations:**

**Each registered competitor participating in the event declares to have read the present rules and regulations and accepts all the clauses.**

**ALBI24H wishes you a very good race**