



ALBI24Hours

Saturday 22nd and Sunday 23rd October 2022

Rules and Regulations for 24 hours, 100 km labelled FFA 6 hours: (race only)

Events organised by **ALBI24H** - FFA Member N° 081060
Circuit within the grounds of the ALBI Stadium: 283 Rue du Colonel Teyssier - 81000 - ALBI
Website: www.albi24h.com

Clause 1: ACCESS

Plane: Toulouse Blagnac Airport

Train: Toulouse MATABIAU then TER train to Albi.

Road: From Toulouse by the A68 motorway or from Rodez by the N88 main road exit 17

Clause 2: CIRCUIT

IAAF measured loop of approximately **1500 metres on the same circuit as the 2019 World Championships.**

Totally flat and completely lit.

Surface: 1100 metres bitumen and approximately 400 metres on tartan track.

Followers on foot or on bicycles are strictly forbidden on the circuit under pain of disqualification of their runner.

Clause 3: PROCEEDINGS OF THE EVENTS

Start: Saturday 22nd October: 24H and 100KM at 10 am. - 6H at 2 pm

**Finish: Saturday 22nd October: 8 pm for the 6H
Sunday 23rd October (10 am for the 24H)**

Measuring after the last loop for the 6H and the 24H:

The organisation will issue to each runner a witness stick marked with their bib number - the last minute of the race is indicated by a first audible signal. The second audible signal announces the end of the event, the runners must stop and place their witness stick on the ground.

Volunteers placed around the circuit will watch over the witness sticks until the official judges have measured the exact distance covered from the last passage of the line.

Federal Regulations:

An athlete not on the circuit (for medical reasons only) at the time of the final sound signal, the last recording before his/her stop will be taken into account.

Official judges (regional or federal off-stadium, starter or measurer) will ensure the correct running of the event and respect of the rules and regulations.

The disqualification of a runner may be pronounced:

- only by the off-stadium race officials in the event of non-compliance with the rules and regulations, unsporting behaviour or behaviour that is dangerous for other runners;
- only by the medical service, observing poor physical condition.

The decisions of the organising committee or the race director, in agreement with the off-stadium refereeing judges, is irrevocable.

Clause 4: SPECIAL MEASURES FOR THE PROCEEDING OF THE 100 KM EVENT

Start: Saturday 22nd October - 10 am, the same start time as the 24 hours race

Allowed time limit: 15 hours

The event will be run at the same time and under the same configuration as the 24 hours event on a circuit totally flat and lit for approximately 1.5 km within the grounds of the stadium.

- ✓ Start on the track Saturday 22nd October at 10 am.
- ✓ End of the competition after crossing the specific 100 km mat with a maximum allowed time of 15 hours. Your 100 km time will be registered and made official.
- ✓ Your time of passage, your ranking, your time per loop and other information will appear permanently on a large screen.
- ✓ The stands, under tents, with tables, chairs and Wi-Fi will be available allowing your helpers to give you refreshments and assistance.
- ✓ The athletes may take refreshments, during each loop, within their allocated personnel refreshment zone or at the "common refreshment zone" as with the 24 hours event.
- ✓ No helpers will be allowed on the circuit.

Clause 5: REGISTRATION CONDITIONS

6 Hours, 100 KM and 24 Hours races, for individual athletes, men and women, FFA licenced or not, in the categories Junior, Seniors and Master (year 2000 and before) in possession of:

- a licence, Athlé Compétition, Athlé Entreprise, Athlé Running licence issued by the FFA, valid on the date of the event;
- or a medical certificate authorising the practice of athletics or competition running, dated less than one year before the date of the competition, or a copy. No other document can be accepted as proof of possession of the medical certificate.
- Age categories: Junior (2000-2002), Seniors (1988-1999), Master (1987 or earlier).

Overseas participants are required to provide a medical certificate authorising athletics or competitive running races, even if they hold a competition licence issued by a federation affiliated to World Athletics IAAF). This certificate must be written in French, dated, signed and authenticating a doctor, whether or not the doctor is established on the national territory. If it is not written in French, a translation into French must be provided.

For safety reasons we cannot accept athletes in the 'wheelchair disabled' category.

ON-LINE REGISTRATION directly via our WEBSITE www.ALB24h.com or Klikego.com

or by post using the **official registration form SIGNED** and accompanied by the requested documents and payment.

Registration date limit: 10th October 2022

No registration will be taken onsite or by telephone

Clause 6: REGISTRATION FEES

- 67 € for the 24 hours
- 57 € for the 100 km
- 42 € for the 6 hours

The Pasta party, breakfasts and other meals are to be reserved on the registration form

Payment via cheque or bank transfer to the order of 'ALBI24H'

Registration and documents are to be sent to: 'ALBI24H', C/O Didier THIRIOT, 44 Rue E. Delacroix - 81160 - St-Juéry - FRANCE

E-mail : didier.thiriot2@orange.fr. Tph.: 07 87 78 77 23

ONLY complete files will be VALIDATED: signed registration form, payment made, copy of licence or valid medical certificate dated less than one year at the time of the race. Postmark as proof.

Please note: In the case of non-participation to the event, your registration will only be reimbursed upon presentation of a document justifying a case of force majeure, which must be sent no later than the 16th October (postmark as proof).

Cheques will be cashed 7 days before the event, i.e., 16th October

Clause 7: TIMING

- ✚ Ensured by BREIZH CHRONO with a microchip system to be fixed to the shoe
- ✚ Edition of the results every hour on site
- ✚ The following information is displayed live on a luminous panel: Bib number, distance, number of laps, ranking.
- ✚ Wearing the bib is compulsory, it must be worn in its entirety and must be visible to the judges and the timers.

Any chip not recovered at the end of the race will be charged 20 € and will result in the immediate disqualification of the runner.

Clause 8: REFRESHMENTS

The organisation will provide food and drink adapted to the event for the duration of the race. Accompanying persons will be able to supply refreshments to their runners only in the area delimited by the organiser for this purpose. **In the interest of fairness, the refreshment supply or changing of the runner's equipment is STRICTLY LIMITED to the 'personal refreshment zone' defined by the officials. Access to a motorhome or vehicle is strictly forbidden to the athletes for the duration of the event.**

Only athletes wearing their bibs and accompanying persons (with their BADGE) will have access to the resting area, care zone and catering rooms.

Clause 9: MEDICAL ASSISTANCE

An onsite medical team: composed of doctor(s), first-aid workers, physiotherapists, chiropractors...

Disqualification: this can be pronounced by the medical team if the competitor's state of health is considered incompatible with the continuation of the event.

Clause 10: RESTING AREA

An indoor resting area will be available for the runners in proximity to the race circuit.

Runners are reminded to provide their own sleeping-bag, blanket, mattress, light cover, ear plugs.

The organisers decline all responsibility in the case of theft or break-ins.

Clause 11: WELCOME - BIB COLLECTION - MEALS

- Welcome, collection of race number (bibs):

**Friday 21st October from 4 pm to 8 pm
and Saturday 22nd October from 7 am to 9.30 am**

- Motorhomes are welcome in the P3 car park on Friday from 4 pm - no electricity supply (reservation to be mentioned on the Registration Form)
- Showers, WC in close proximity within the grounds of the stadium.

Pasta party, breakfasts and lunches to be reserved at the time of registration

Breakfast Saturday and Sunday for accompanying persons: 5 €.

Pasta party Friday evening, Saturday lunch and evening meal for accompanying persons: 12 €.

Sunday lunchtime closing meal: 14 €.

Clause 12: ACCOMMODATION

Contact Didier THIRIOT: Tph.: 07. 87. 78. 77. 23 - E-mail: didier.thiriot2@orange.fr

Clause 13: AWARDS

6 hours: Awards ceremony Saturday 22nd October at 9 pm for the first 3 men and first 3 women.

- **100 km:** Awards ceremony Saturday 22nd October at 9 pm at the same time as the 6 hours. first 3 men and first 3 women all running categories included.
- **24 Hours:** Awards ceremony on Sunday 23rd October at approximately 11 am in the Pavilion of Honour. First 3 men and first 3 women and the 1st man and 1st woman in each running category.

Clause 14: INSURANCE

The organisers are covered for civil liability by an insurance policy in accordance with the **FFA** Off-stadium Racing Charter. Licensees benefit from the guarantees granted by their licence. Non-licensees are responsible for taking out their own insurance.

By entering the race, each athlete declares to be personally insured and releases the organisers from liability for any physiological accident occurring during or resulting from the events. The organisers decline all responsibility in the event of failure due to poor health or in the event of theft.

Clause 15: RIGHT OF IMAGE

The organisation reserves the right to use the photographic images and video reports made during the events in order to promote 'ALBI24H'. By registering you give up your 'rights to the image'.

Clause 16: CNIL

In accordance with the French Data Protection Act of 6th January 1978, you have the right to access and rectify any personal data that concerns you.

Clause 17: COMPLAINTS

During the course of the event, the athlete may lodge a complaint with the referees. Only the referees or the jury of appeal are empowered to take the necessary decisions.

Athletes may also lodge a complaint with the referees at the end of the event, and this during the 30 minutes after the official results have been published.

Clause 18: SECURITY, ASSISTANCE, RESPONSIBILITY

In the event of force majeure, prefectural decision, natural disaster or any other circumstance endangering the safety of the competitors, the organisers reserve the right to cancel the event without the competitors being able to claim any reimbursement.

The Organisers decline all responsibility in the event of theft or break-ins.

Clause 19: ACCEPTANCE OF THE RULES AND REGULATIONS

Each registered competitor taking part in the events declares that he/she has read these rules and regulations and accepts all clauses.

The ALBI24H team wishes you a good race.