

Regional Championships

ALBI24H - 5th edition Saturday 21st & Sunday 22nd October 2017

Rules 24h race and walk - 6h race (only)

Events organised by the organising committee - ALBI24H - members of Athlé Tarn Passion

Circuit within the boundaries of the ALBI stadium. Site: <u>www.albi24h.com</u> Regional athletics label FFA (French Athletics Federation)

Clause 1: ACCESS

Plane: Toulouse Blagnac Airport Train: Toulouse MATABIAU train station, then the TER train to Albi. Road: from Toulouse via the A 68 motorway or from Rodez via the N 88 main road and exit N° 17

Clause 2: CIRCUIT

1100 metres loop measured by the IAAF practically the same circuit as the European Championships held in 2016. Totally flat with full lighting.

Surface: 700 metres of asphalt and approximately 400 metres on track. Helpers on foot or on bikes are strictly forbidden on the circuit; under sanction of disqualification of their runner. <u>Event address</u>: "**ALBI STADIUM**" - 283 Avenue Colonel TEYSSIER - 81000 ALBI.

Clause 3: EVENT PROCEEDINGS

Start:Saturday 21st October10 am 24h2 pm 6h racFinish:Saturday 21st October8 pm for thSunday 22nd October10 am 24h

10 am 24h race and walk 2 pm 6h race 8 pm for the 6h race 10 am 24h race and walk

24 hours events:

For the "Walk" category all walking techniques are authorised with the **exception of sticks**. For this category it is strictly forbidden to run under sanction of immediate disqualification.

Measuring after the last lap of the 6h and 24h:

The organisation will distribute to each competitor an object (witness stick) marked with their bib number - a first sound signal will indicate to the runners the last minute of the race. At the second sound signal, indicating the end of the event, the runners must stop and place their witness sticks on the ground.

Volunteers positioned around the circuit will supervise this end of event until the official judges arrive to measure the exact distance run after the last passage of the line.

Federal Regulation:

Any athlete not on the circuit (for medical reasons only) at the time of the final sound signal, and not having given his/her bib to the organisation for cause of abandon, the distance taken into account will be that of the last recorded passage.

In all other cases, they will be considered as "abandon" with their last recorded distance. An official jury (regional and federal judges for off track racing, starter and time-keeping) will supervise the proceedings and the respect of the rules and regulations. A runner may be declared forfeit:

- uniquely by the official off track judges in the case of non-respect of the rules and regulations, a non-sporting or dangerous attitude towards the other runners;
- uniquely by the medical service, for an observed bad physical condition.

The decisions of the organising committee or the race director, in accordance with the off-track judges are irrevocable.

Clause 4: REGISTRATION CONDITIONS

A footrace run over a period of 24 hours, for individual runners, open to all athletes, men and women, licenced or non-licenced to the French Athletes Federation, in categories, Junior, Senior, Master (year 1998 and before) holding:

- an athletics competition licence, a company athletics licence, or Running Pass, delivered by the FFA valid at the day of the event;
- or a sports licence, valid at the day of the event, delivered by an approved federation, and clearly written as for the non-contraindication for the participation in athletics competitions or competitive foot racing;
- or a licence delivered by the FFCO (French Orienteering Federation), la FFPM (French Modern Pentathlon Federation) or the FF Tri (French Triathlon Federation), valid at the day of the event;
- or a licence delivered by the UNSS (National Union for School Sports) or the UGSEL (General Sports Union for Free Schools), valid at the day of the event; and within the limits of the legitimate commitment of the educational establishment or school sports association;
- or a medical certificate authorising the practice of athletics or competitive foot racing, dating less than a year before the competition, or a copy. No other document will be accepted to attest to the possession of a medical certificate.

Overseas participants are requested to supply a medical certificate authorising athletics or competitive foot racing, even if they possess a competition licence issued by a federation affiliated to the IAAF. This certificate must be written in French, dated, signed and permitting the authentication by a doctor, whether or not established on national territory. If not written in French then a translation into French must be supplied.

> 24 Hours - Limited to 140 runners and 30 walkers. 6 Hours - Limited to 50 runners. The organisers reserve the right to modify these numbers at any moment.

"ON-LINE REGISTRATION" directly via the internet site www.ALBI24h.com or Klikego.com

Or by post using the official registration form to be returned SIGNED and accompanied by the requested documents and payment.

Registration closing date; 15th October 2017

No inscriptions will be registered on site or by telephone

Clause 5: REGISTRTION FEES - CLOSING MEAL runners and walkers 24h INCLUDED

- 55 € for the 24h 35 € for the 6h.
- From the 1st October 65 € for the 24h 45 € for the 6h (as per postmark on or before the due date)

Supplementary closing meal 6 hours or accompanying party 12 €

Payment by cheque or bank transfer to the order of: **"ALBI24H"** Files to be sent to: "ALBI24H" chez THIRIOT Didier - 44 rue Eugène Delacroix - 81160 - St JUERY E-mail: <u>didier.thiriot2@orange.fr</u>. Tph.: 00 33 (0)7 87 78 77 23

ONLY complete files will be VALIDATED: signed inscription form, payment, copy of athletics licence or valid medical certificate dating from less than one year. As per POSTMARK on or before the due date.

Attention: In the case of withdrawal from the event, registration fees will only be returned upon presentation of an official document justifying a case of force majeure and should be sent no later than the 15th October 2017 (as per postmark).

Cheques will be cashed 7 days before the start of the event, i.e., 13th October 2017.

Clause 6: TIME KEEPING

- Controlled by BREIZH CHRONO with microchip system attached to runner's shoe.
- Results published each hour.
- Results posted directly on control screen with following information: Bib number, distance, number of circuits, ranking.
- Bibs must be worn at all times (mandatory), they must be completely visible at all times for the judges and the time keeper.

At the end of the event, all non-returned microchips will be invoiced 20 € and entail the immediate disqualification of the runner.

Clause 7: REFRESHMENT ZONE

Refreshments will be adapted to the event and assured by the organisation during the entire time of the race. Accompanying parties may supply their runners only in the zone delimited by the organisation for this function. In respect of equity the refreshments or the change of equipment of the runner is STRICTLY LIMITED to the "personal refreshment zone" defined by the official judges. Access to camper vans or vehicles is strictly forbidden to the athletes during the entire length of the event.

Only athlete's equipped with their bibs and their accompanying parties (equipped with their BADGE) will have access to the resting area, medical facilities and refreshments.

Clause 8: MEDICAL ASSISTANCE

The medical team will be composed of: doctor(s), first-aid helpers, chiropodists... A dedicated area on the circuit (Omeps room) will be at the unique disposal of the participants.

Declared forfeit: this can be pronounced by the medical team if the state of health of a competitor is judged to be incompatible with the pursuit of the event.

Clause 9: REST AREA

A rest area with a few camp beds will be made available to the runners near to the circuit. Supply your own sleeping bag, blanket, mattress, head lamp, earplugs.

The organisers decline all responsibility in the case of theft or damages.

Clause 10: WELCOME - BIB DISTRIBUTION - MEALS

Welcome, bib distribution:

Friday 20th October from 4 pm to 8.30 pm and Saturday 21st October from 7 am to 9.30 am.

- Camper vans welcome at carpark P3, Friday from 2 pm no electricity supply (parking reservation to be mentioned on the registration form.
- Showers, WC in proximity within the stadium boundaries.

Breakfast and lunch to be reserved at registration.

Accompanying parties: Breakfast Saturday and Sunday 4 Euros.

Meals for accompanying parties: Saturday lunch and evening meal: 10 Euros.

CLOSING CEREMONY meal Sunday lunch: 12 € (included in the registration fee for the 24 hours runners and walkers).

Clause 11: ACCOMMODATION

Direct contact: Albi Tourist Office (Office du Tourisme d'Albi) - <u>www.albi-tourisme.fr</u> Tarn Réservation Tourisme - <u>www.tarn-reservation.fr</u>

In partnership with the hotels **Ibis and Ibis Styles**, proposing special accommodation conditions (group possibilities). Please contact us.

Clause 12: REWARDS

- 6 hours: Rewards ceremony Saturday 21st October at 9 pm for the first three men and the first three women.
- 24 hours race and walk: Rewards ceremony Sunday 22nd October towards 11.30 am during the closing meal that will be served in the Honorary Pavilion for the first three men and first three women and the 1st man and 1st woman of the walkers' event.

Clause 13: INSURANCE

The organisers are covered by a "civil responsibility" insurance policy in conformity with the FFA off track racing charter.

The licence holders are covered by the guarantees accorded by the insurance linked to their licence. Other (non-licenced) participants must have personal insurance coverage.

By his/her engagement, each runner declares being personally insured and removes responsibility from the organisers for all physiological accidents suffered before, during and after the event. The organisers decline all responsibility in the case of any weakness/failure due to bad health or in the case of theft.

Clause 14: IMAGE REPRODUCTION RIGHTS

The organisation reserves the right to exploit photographic images and video recordings recorded during the event with the goal of promoting "ALBI24H". You forfeit your "image reproduction rights" when registering for the event.

Clause 15: NATIONAL COMMISSION FOR DATA PROTECTION (AND LIBERTIES)

(CNIL Commission Nationale d<mark>e l'Informatique et des Libertés)</mark>

In conformance with the French Computer and Liberties law of 6th January 1978, you have the right to access and rectify your own personal data.

Clause 16: COMPLAINTS

During the course of the event, the athlete may place a complaint to the official judges. Only the judges/referees or appeals jury are authorised to make a decision.

The athlete may also place a complaint to the official judges/referees at the end of the event during the 30 minutes following the official publication of the results.

Clause 17: SECURITY, ASSISTANCE, RESPONSABILITY

In the case of force majeure, prefectural decision, natural disaster or any other circumstance that puts in danger the security of the participants, the organisation reserves the right to cancel the event; the participants cannot claim reimbursement.

The organisers accept no responsibility in the case of theft or damages.

Clause 18: RULES AND REGULATIONS ACCEPTATION

Each registered participant to the event declares having knowledge of the rules and regulations and accepts all clauses.

The ALBI24H team wishes you a very successful race